



Helping, Encouraging, And Refreshing, Together

Coming alongside the Pastor, his family, and the local church to assist in areas of encouragement, evangelism and education.

The Spiritual Body

LESSON 1: The Mind

LESSON 2: The Eye

LESSON 3: The Ear

LESSON 4: The Tongue ~ From the Old Testament

LESSON 5: The Tongue ~ From the New Testament

LESSON 6: The Hands

LESSON 7: The Feet

LESSON 8: One Anothering in Christ

◆ Bible Study Course ◆

*“Study to shew thyself approved unto God,
a workman that needeth not to be ashamed,
rightly dividing the word of truth.”*

II Timothy 2:15

More Bible study helps are available at www.kjvhearhelps.com

LESSON 1: THE MIND

1. Nehemiah 4:6a – “So _____ we the wall; and all the wall was _____ together unto the half thereof:”
2. Nehemiah 4:6b – “... for the _____ had a mind to _____.”
3. Psalm 1:2 – “But his _____ is in the law of the LORD; and in his law doth he _____ day and night.”
4. Psalm 48:9 – “We have thought of thy _____, O God, in the midst of thy _____.”
5. Psalm 119:11 – “Thy _____ have I _____ in mine heart, that I might not _____ against thee.”
6. Proverbs 16:3 – “Commit thy _____ unto the LORD, and thy thoughts shall be _____.”
7. Proverbs 23:7a – “For as he _____ in his _____, so is he:”
8. Isaiah 26:3 – “Thou wilt keep him in perfect _____, whose mind is stayed on _____: because he trusteth in thee.”
9. Isaiah 55:8 – “For my thoughts are not your thoughts, neither are your _____ my ways, saith the _____.”
10. Lamentations 3:21 – “This I _____ to my mind, therefore have I _____.”
11. Lamentations 3:22 – “It is of the LORD'S _____ that we are not consumed, because his compassions _____ not.”
12. Lamentations 3:24 – “The LORD is my _____, saith my soul; therefore will I _____ in him.”
13. Luke 12:29 – “And seek not ye what ye shall eat, or what ye shall _____, neither be ye of _____ mind.”
14. Luke 12:31 – “But rather _____ ye the kingdom of God; and all these things shall be _____ unto you.”
15. John 5:39 – “_____ the scriptures; for in them ye think ye have _____ life: and they are they which testify of me.”
16. Romans 8:6 – “For to be _____ minded is death; but to be _____ minded is life and peace.”
17. Romans 11:20b – “... Be not _____, but _____.”
18. Romans 12:16 – “Be of the _____ mind one toward _____. Mind not high _____, but condescend to men of _____ estate. Be not wise in your own _____.”
19. II Corinthians 10:5 – “Casting down _____, and every high thing that exalteth itself against the knowledge of _____, and bringing into _____ every thought to the _____ of Christ;”
20. Philippians 2:5 – “_____ this mind be in _____, which was also in Christ Jesus:”
21. Philippians 4:7 – “And the peace of God, which passeth all understanding, shall _____ your hearts and minds through Christ Jesus.”
22. II Timothy 1:7 – “For God hath not given us the spirit of fear; but of _____, and of love, and of a _____ mind.”
23. James 1:8 – “A _____ minded man is _____ in all his ways.”
24. I Peter 1:13 – “Wherefore _____ up the loins of your mind, be _____, and hope to the end for the grace that is to be brought unto you at the _____ of Jesus Christ;”
25. I Peter 3:8 – “Finally, be ye _____ of one mind, having compassion _____ of another, love as brethren, be pitiful, be courteous:”

Memory Verse: Luke 10:27 ~ “And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 2: THE EYE

1. Genesis 2:8-9 – What was “pleasant to the sight” in the garden of Eden? _____
2. Genesis 3:1-7 – Who deceived Eve into eating of the forbidden fruit? _____
3. Job 28:10 – “He _____ out rivers among the rocks; and his eye seeth every _____ thing.”
4. Psalm 17:8 – What two things did David request in prayer here? _____

5. Psalm 19:8 – What “of the Lord is pure, enlightening the eyes”? _____
6. Psalm 25:15a – “Mine eyes are _____ toward the _____;”
7. Psalm 66:7 – “He ruleth by his _____ for ever; his eyes behold the _____: let not the rebellious exalt themselves.”
8. Psalm 101:3 – What did David say he would not set before his eyes? _____
9. Proverbs 15:3 – Where are the eyes of the Lord? _____
10. Proverbs 20:12 – Who made the “hearing ear” and the “seeing eye”? _____
11. Proverbs 22:9 – To whom does one with “a bountiful eye” give bread? _____
12. Proverbs 27:20 – “Hell and destruction are never _____; so the eyes of man are never _____.”
13. Lamentations 3:51 – What did Jeremiah’s eye affect? _____
14. Matthew 7:1-5 – What should be “first cast out” in the matter of judging? _____
15. Matthew 14:28-32 – When did Peter begin to sink while walking on the water? _____
16. Luke 2:25-32 – Who said, “For mine eyes have seen thy salvation”? _____
17. John 4:35 – What did Jesus instruct His disciples to look upon? _____
18. John 9:39 – “And Jesus said, For _____ I am come into this _____, that they which see not might see; and that they which see might be made _____.”
19. Acts 9:1-20 – Who was blinded temporarily in his encounter with Jesus on the Damascus road? _____
20. Romans 1:20-24 – What are clearly seen “from the creation of the world”? _____
21. Ephesians 1:17-18 – What did Paul desire the Ephesian believers to have “enlightened”? _____
22. Colossians 3:2 – “Set your _____ on things _____, not on things on the _____.”
23. I Peter 3:12 – The “eyes of the Lord” are over whom? _____
24. I John 2:15-17 – What “is not of the Father, but is of the world”? _____

25. Revelations 1:7a – “Behold, he cometh with _____; and _____ eye shall _____ him,”

Memory Verse: I Corinthians 2:9 ~ “But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 3: THE EAR

1. Psalm 6:9 – “The LORD hath heard my _____; the LORD will _____ my prayer.”
2. Psalm 10:17a – “LORD, thou hast heard the _____ of the _____:”
3. Psalm 10:17b – “... thou wilt _____ their heart, thou wilt _____ thine ear to hear:”
4. Psalm 34:4 – “I _____ the LORD, and he heard _____, and delivered me from all my _____.”
5. Psalm 34:6 – “This _____ man cried, and the LORD heard him, and saved him out of all his _____.”
6. Psalm 40:1 – “I _____ patiently for the LORD; and he _____ unto me, and heard my cry.”
7. Psalm 66:8 – “O _____ our God, ye _____, and make the _____ of his praise to be heard:”
8. Psalm 66:18 – “If I regard _____ in my _____, the Lord will _____ hear me:”
9. Psalm 66:19 – “But _____ God _____ heard me; he hath _____ to the voice of my prayer.”
10. Psalm 116:2 – “Because he hath inclined his ear unto me, therefore will I _____ upon him as long as I _____.”
11. Proverbs 1:5a – “A _____ man will hear, and will _____ learning:”
12. Proverbs 22:17 – “_____ down thine ear, and hear the words of the wise, and _____ thine heart unto my knowledge.”
13. Isaiah 50:5 – “The Lord GOD hath _____ mine ear, and I was not rebellious, neither _____ away back.”
14. Daniel 9:19a – “O Lord, hear; O Lord, _____; O Lord, hearken and do; defer not, for thine _____ sake.”
15. Daniel 9:19b – “... O _____ God: for thy city and thy _____ are called by thy _____.”
16. Mark 9:7b – “... a voice came out of the _____, saying, This is my _____ Son: hear him.”
17. Luke 9:44 – “Let these sayings _____ down into your ears: for the Son of man shall be delivered into the _____ of men.”
18. Luke 10:39 – “And she had a sister called _____, which also sat at Jesus' feet, and _____ his word.”
19. John 10:27 – “My _____ hear my voice, and I _____ them, and they _____ me:”
20. Acts 4:4a – “Howbeit _____ of them which _____ the word _____;”
21. Acts 4:20 – “For _____ cannot but _____ the things which we have _____ and heard.”
22. Romans 10:17 – “So then _____ cometh by _____, and hearing by the _____ of God.”
23. Philippians 4:9 – “Those things, which ye have both learned, and _____, and heard, and seen in me, _____: and the God of _____ shall be with you.”
24. Hebrews 2:1 – “Therefore we ought to give the more earnest _____ to the things which we have heard, lest at _____ time we should let them _____.”
25. James 1:19 – “Wherefore, my beloved brethren, let every man be _____ to hear, slow to speak, _____ to wrath:”

Memory Verse: Matthew 7:24 ~ “Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 4: THE TONGUE ~ FROM THE OLD TESTAMENT

1. I Samuel 2:3a – “Talk no more so exceeding _____; let not _____ come out of your mouth.”
2. Psalms 19:14 – What did David want to be acceptable in the sight of the Lord? _____
3. Psalms 26:7 – “That I may _____ with the _____ of thanksgiving, and tell of all thy wondrous works.”
4. Psalms 30:4 – “_____ unto the LORD, O ye saints of his, and give thanks at the _____ of his _____.”
5. Psalms 34:13 – What instructions are given here concerning our tongue and lips? _____
6. Psalms 37:30a – What does the mouth of the righteous speak? _____
7. Psalms 63:5 – How did David describe his lips when praising the Lord? _____
8. Psalms 141:3 – “Set a _____, O LORD, before my _____; keep the _____ of my lips.”
9. Proverbs 4:24 – What are believers instructed to “put away”? _____
10. Proverbs 7:5 – Who uses her tongue for flattery? _____
11. Proverbs 8:7a – What does the mouth of wisdom speak? _____
12. Proverbs 8:7b – What is an abomination to lips of wisdom? _____
13. Proverbs 8:8 – “All the words of my mouth are in _____; there is _____ forward or _____ in them.”
14. Proverbs 10:11 – What is described as “a well of life”? _____
15. Proverbs 10:13a – “In the _____ of him that hath _____ wisdom is found.”
16. Proverbs 10:32 – What do the “lips of the righteous” know? _____
17. Proverbs 12:17 – “He that speaketh _____ sheweth forth righteousness: but a false witness _____.”
18. Proverbs 16:24 – How are pleasant words described? _____
19. Proverbs 17:27a – Who “spareth his words”? _____
20. Proverbs 17:28 – Who is counted wise “when he holdeth his peace”? _____
21. Proverbs 18:4 – “The _____ of a man's mouth are as _____ waters, and the wellspring of wisdom as a _____ brook.”
22. Proverbs 18:21a – What two things “are in the power of the tongue”? _____
23. Proverbs 21:23 – Who keeps “his soul from troubles”? _____
24. Proverbs 22:17b – “... _____ the words of the wise, and _____ thine heart unto my knowledge.”
25. Proverbs 25:11 – What is “like apples of gold in pictures of silver”? _____

Memory Verse: Psalm 19:14 ~ “Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 5: THE TONGUE ~ FROM THE NEW TESTAMENT

1. Matthew 5:44 – “But I say unto you, _____ your enemies, bless them that curse you, do _____ to them that hate you, and _____ for them which despitefully use you, and persecute you;”
2. Matthew 10:32-33 – Why is it essential to confess Jesus before men? _____
3. Matthew 12:36 – Will there be an account given for “every idle word”? _____
4. Mark 16:15 – What did Jesus instruct the disciples to preach? _____
5. Luke 4:3-4, 8, 12 – Who did Jesus resist with the Word of God? _____
6. John 3:34 – “For he whom God hath _____ speaketh the words of God: for God giveth not the _____ by _____ unto him.”
7. Acts 5:42 – How often did the early church “teach and preach Jesus Christ”? _____
8. Acts 6:4 – “But we will give ourselves _____ to prayer, and to the _____ of the word.”
9. Romans 10:8 – What did Paul say was in the mouth and heart of these believers? _____
10. I Corinthians 1:18 – What did Paul say the preaching of the cross “is to them that perish”? _____
11. Galatians 6:1 – What kind of spirit should be demonstrated in the ministry of restoration? _____
12. Ephesians 4:29 – What should *not* proceed out of a Christian’s mouth? _____
13. Ephesians 4:31 – “Let all bitterness, and wrath, and _____, and clamour, and _____ speaking, be put away from you, with all _____:”
14. Philippians 1:27a – “Only let your _____ be as it becometh the _____ of Christ:”
15. Colossians 4:6 – What did Paul say about a believer’s speech? _____
16. I Thessalonians 1:8 – Name two places where Thessalonian believers “sounded out the word of the Lord”.

17. I Thessalonians 4:11a – “And that ye study to be _____, and to do your own _____,”
18. I Timothy 6:4 – What types of speech come from the proud? _____
19. Titus 1:9 – Who may a pastor (bishop) be able “to exhort and to convince” through “the faithful word”? _____
20. Hebrews 13:15 – What should be offered to God continually? _____
21. James 1:19 – “Wherefore, my beloved brethren, let every man be swift to hear, _____ to speak, slow to _____:”
22. James 1:26 – Whose “religion is vain”? _____
23. James 3:6 – What is described as “a fire, a world of iniquity”? _____
24. James 3:8 – How is the tongue described here? _____
25. James 3:10 – What ought not come out of the same mouth? _____

Memory Verse: James 1:19 ~ “Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath:”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 6: THE HANDS

1. Exodus 14:21 – Where did Moses stretch out his hand as the Lord provided a way of escape? _____
2. Exodus 15:6 – What is described as “glorious in power”? _____
3. Exodus 17:9-14 – Who held up the heavy hands of Moses in the victory over the Amalekites? _____
4. I Samuel 14:6-14 – Which man and his armourbearer had faith that the Lord would deliver the Philistines into their hands? _____
5. I Samuel 17:29-50 – Who fought a giant with a sling in his hand and not a sword? _____
6. I Samuel 23:16 – “And Jonathan Saul’s son _____, and went to David into the wood, and _____ his hand in _____.”
7. Ezra 8:18 – How is the hand of God described (also Ez. 7:9, Neh. 2:8)? _____
8. Nehemiah 2:18b – “... Let us rise up and _____. So they strengthened their hands for this good _____.”
9. Psalm 16:11b – Where did David say “there are pleasures for evermore”? _____
10. Psalm 24:3-6 – How are the hands described that “shall receive the blessing from the LORD”? _____
11. Psalm 90:17 – What did Moses desire God to establish? _____
12. Psalm 119:173 – “Let thine hand _____ me; for I have _____ thy _____.”
13. Proverbs 3:27 – “Withhold not good from them to whom it is _____, when it is in the _____ of thine hand to do it.”
14. Proverbs 12:24 – Whose hand “shall bear rule”? _____
15. Proverbs 21:1 – Whose “heart is in the hand of the LORD”? _____
16. Proverbs 31:20 – To whom does the virtuous woman stretch out her hand? _____
17. Ecclesiastes 9:10a – “Whatsoever thy hand _____ to _____, do it with thy _____;”
18. Isaiah 40:10-12 – What has the Lord measured “in the hollow of his hand”? _____
19. Zechariah 13:6a – “And _____ shall say unto him, What are these _____ in thine hands?”
20. Zechariah 13:6b – “... Then he shall answer, Those with which I was wounded in the _____ of my _____.”
21. John 10:27-29 – Can any man pluck the Lord’s sheep out of His hand? _____
22. John 20:27-28 – To whom did Jesus say “Reach hither thy finger, and behold my hands”? _____
23. Acts 7:56-59 – Who, just before he was stoned to death, saw Jesus “standing on the right hand of God”? _____
24. Hebrews 10:31 – What is “a fearful thing”? _____
25. James 4:8 – What did James instruct sinners to do? _____

Memory Verse: Luke 9:62 ~ “And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 7: THE FEET

1. I Samuel 2:9 – “He will _____ the feet of his saints, and the wicked shall be _____ in darkness; for by _____ shall no man prevail.”
2. II Samuel 22:37 – What did David say the Lord enlarged under him so his “feet did not slip”? _____
3. Nehemiah 9:21 – Name three ways the Lord sustained the children of Israel in the wilderness. _____
4. Psalm 22:16b – “... the assembly of the _____ have inclosed me: they _____ my hands and my feet.”
5. Psalm 40:2 – What did David say the Lord set his feet upon? _____
6. Psalm 119:105 – “Thy _____ is a lamp unto my feet, and a _____ unto my path.”
7. Proverbs 1:16 – Where do the feet of sinners run? _____
8. Proverbs 4:26 – What did Solomon say to ponder? _____
9. Proverbs 6:16-19 – What seven things “are an abomination unto” the Lord? _____
10. Proverbs 19:2 – “Also, that the _____ be without knowledge, it is not good; and he that _____ with his feet sinneth.”
11. Isaiah 52:7 – How are the feet described that bring good tidings and publish peace and salvation? _____
12. Zechariah 14:4a – “And his feet shall _____ in that day upon the mount of _____, which is before Jerusalem on the east,”
13. Matthew 10:14 – What did Jesus instruct the disciples to do if their words were not heard? _____
14. Mark 7:25-30 – What nationality was the woman that desired Jesus to cast a devil out of her daughter? _____
15. Luke 1:79b – Into what way was John the Baptist to guide the feet of his listeners? _____
16. Luke 7:37-50 – What did the woman with the alabaster box wash with her tears? _____
17. Luke 8:27-35 – What became “right” about the man with “the unclean spirit” when Jesus healed him? _____
18. Luke 17:12-16 – What disease did the Samaritan have who fell down at Jesus’ feet and gave thanks? _____
19. Luke 24:39 – What did Jesus instruct the disciples to behold after His resurrection? _____
20. Romans 10:15b – “How beautiful are the feet of them that preach the gospel of _____, and bring glad tidings of good things!”
21. Romans 16:20 – Who did Paul say that God “shall bruise”? _____
22. Ephesians 6:15 – “And your feet _____ with the _____ of the gospel of _____;”
23. Revelation 1:13-15 – Who is described here as having feet “like unto fine brass”? _____
24. Revelation 10:1 – How were the feet of the mighty angel that came down from heaven described? _____
25. Revelation 19:10 – Was John rebuked for worshipping at the feet of a “fellow servant”? _____

Memory Verse: Romans 10:15 ~ “And how shall they preach, except they be sent? as it is written, How beautiful are the feet of them that preach the gospel of peace, and bring glad tidings of good things!”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 8: ONE ANOTHERING IN CHRIST

1. John 13:34 – What new commandment did Jesus give His disciples? _____
2. John 13:35 – What will men know when we have love one for another? _____
3. Romans 12:10 – “Be kindly affectioned one to another with brotherly love; in honour _____ one another;”
4. Romans 12:16a – “Be of the same _____ one toward another.”
5. Romans 15:6 – What should Christians do “with one mind and one mouth”? _____
6. Romans 15:7 – “Wherefore _____ ye one another, as Christ also received us to the _____ of God.”
7. Galatians 5:13 – For what purpose should our liberty in Christ be used? _____
8. Galatians 5:15 – “But if ye _____ and devour one another, take heed that ye be not _____ one of another.”
9. Galatians 5:26 – What should a Christian not desire? _____
10. Ephesians 4:2 – “With _____ lowliness and meekness, with longsuffering, _____ one another in love;”
11. Ephesians 4:25 – What should Christians put away as members one of another? _____
12. Ephesians 4:32 – What should accompany forgiving one another? _____
13. Colossians 3:16 – What should dwell in Christians richly as we teach and admonish one another? _____
14. I Thessalonians 3:12-13 – What can be established “unblameable in holiness” when we increase in love one toward another?

15. I Thessalonians 4:13-18 – What should we do for one another when a Christian dies? _____
16. I Thessalonians 5:11 – “Wherefore comfort yourselves together, and _____ one another, even as also ye do.”
17. Hebrews 3:13 – Why is it important to exhort one another daily? _____

18. James 4:11 – What should Christians not speak one of another? _____
19. James 5:9 – What is the consequence of grudging? _____
20. James 5:16 – What should Christians confess as we pray one for another? _____
21. I Peter 1:22 – How does Peter describe the heart of loving believers? _____
22. I Peter 3:8a – “Finally, be ye all of _____ mind, having _____ one of another;”
23. I Peter 4:9 – What should Christians use one to another without grudging? _____
24. I John 1:7 – What can we have one with another when we walk in the light of Christ? _____
25. I John 4:11-12 – What can God perfect in every Christian? _____

Memory Verse: Mark 9:50b ~ “... Have salt in yourselves, and have peace one with another.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

Certificate of Achievement

awarded to

*for demonstrating faithfulness and
dedication in completing the
H.E.A.R.T. Ministry Bible Study Course entitled*

The Spiritual Body

Date

Discipler / Instructor

*Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly
dividing the word of truth ~ II Timothy 2:15*