



Helping, Encouraging, And Refreshing, Together

Coming alongside the Pastor, his family, and the local church to assist in areas of encouragement, evangelism and education.

Practical Christianity I

LESSON 1: Biblically Overcoming Fear and Anxiety

LESSON 2: Dealing with Anger

LESSON 3: Godly Suffering

LESSON 4: Principles Pertaining to the Will of God

LESSON 5: Promises in Prayer

LESSON 6: Promises of God from Psalm 37

LESSON 7: Seeking to Please in Christ

LESSON 8: Contending for the Faith

◆ Bible Study Course ◆

*“Study to shew thyself approved unto God,
a workman that needeth not to be ashamed,
rightly dividing the word of truth.”*

II Timothy 2:15

More Bible study helps are available at www.kjvhearthelps.com

LESSON 1: BIBLICALLY OVERCOMING FEAR AND ANXIETY

1. Joshua 1:9 – Why did the Lord command Joshua to be strong, courageous and unafraid? _____

2. Psalm 23:4 – Did David fear any evil when he walked “through the valley of the shadow of death”? _____
3. Psalm 27:1 – Who did David say was his light, salvation and strength, causing him not to fear man? _____
4. Psalm 27:13-14 – What happens when a believer waits on the Lord and is “of good courage”? _____

5. Psalm 118:6 – What is a benefit of having the Lord on your side? _____
6. Proverbs 3:24-25 – Does a believer have to fear when going to sleep? _____
7. Isaiah 14:3 – Name three areas where the Lord can give rest. _____
8. Isaiah 26:3 – How can one have “perfect peace”? _____
9. Isaiah 40:31 – What can the Lord renew when we wait upon Him? (also II Cor. 12:9) _____
10. Isaiah 41:10 – Name three things the Lord can do to overcome our fears. _____

11. Jeremiah 1:8 – Why did the Lord instruct Jeremiah not to be “afraid of their faces”? _____
12. Nahum 1:7 – How is the Lord described to those who trust in Him? _____
13. Matthew 11:28-30 – What can Jesus give to the burdened individual that comes to Him? _____
14. John 14:1-3; 27 – What did Jesus say should not be “troubled” in a believer? _____
15. John 16:33 – Why should a believer be “of good cheer”? _____
16. Romans 5:1-2 – What is a benefit of being “justified by faith”? _____
17. Romans 8:38-39 – Can anything “separate us from the love of God”? _____
18. II Corinthians 1:3-4 – In how much of our tribulation does God promise to comfort us? _____
19. Philippians 4:6-7 – How should “your requests be made known unto God”? _____

20. II Timothy 1:7 – Has God “given us the spirit of fear”? _____
21. Hebrews 4:16 – Where can a believer “obtain mercy, and find grace to help in time of need”? _____
22. Hebrews 13:5-6 – Will the Lord ever leave or forsake a believer? _____
23. I Peter 5:7 – What should be cast upon the Lord? _____
24. I John 4:4 – Who is greater “than he that is in the world”? _____
25. I John 5:4 – What is the victory “that overcometh the world”? _____

Memory Verse: I John 4:18a ~ “There is no fear in love; but perfect love casteth out fear:”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 2: DEALING WITH ANGER

1. Genesis 4:1-9 – Who was the first person to kill his brother in hot anger? _____
2. I Samuel 18:5-12 – Who tried (more than once) to kill David in jealous anger? _____
2. I Samuel 18:11-15 – How did David behave himself as a target of unjust anger? _____
4. Psalm 6:1-2 – Did David desire mercy from the Lord when he was weak and vexed? _____
5. Psalm 7:11 – With whom is the righteous God angry every day? _____
6. Psalm 37:8 – “_____ from anger, and _____ wrath: fret not thyself in _____ wise to do evil.”
7. Psalm 78:19-22 – Why was God angry with Israel as He provided for them? _____

8. Psalm 103:8-9 – Name three qualities of the Lord mentioned here. _____
9. Proverbs 14:17 – Who “dealeth foolishly”? _____
10. Proverbs 15:1 – What kind of words stir up anger? _____
11. Proverbs 15:18 – What is “he that is slow to anger” able to appease? _____
12. Proverbs 16:32 – “He that is slow to anger is _____ than the mighty; and he that _____ his spirit than he that taketh a _____.”
13. Proverbs 19:11 – “The _____ of a man deferreth his anger; and it is his _____ to pass over a transgression.”
14. Proverbs 21:14 – What is able to pacify anger? _____
15. Proverbs 21:19 – “It is better to dwell in the _____, than with a contentious and an _____ woman.”
16. Proverbs 22:24 – Should one make “friendship with an angry man”? _____
17. Proverbs 25:23 – What does “an angry countenance” drive away? _____
18. Proverbs 29:22 – What does an angry man stir up? _____
19. Ecclesiastes 7:9 – “Be not _____ in thy spirit to be angry: for anger resteth in the bosom of _____.”
20. Mark 3:5 – Why was Jesus angry and grieved with the Pharisees? _____
21. John 2:13-17 – Who did Jesus drive out of the temple? _____
22. Ephesians 4:26 – “Be ye angry, and _____ not: let not the _____ go down upon your _____:”
23. Colossians 3:8 – Name five things a believer should “put off.” _____

24. Colossians 3:21 – “Fathers, provoke not your _____ to anger, lest they be _____.”
25. Titus 1:7 – Who should not be “soon angry”? _____

Memory Verse: Ephesians 4:31-32 ~ “Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 3: GODLY SUFFERING

1. Genesis 50:15-20 – To whom did Joseph say, “ye thought evil against me; but God meant it unto good”? _____
2. Psalm 23:4 – Why did David say he “will fear no evil” in death’s valley? _____
3. Isaiah 53:5a – “But he was _____ for our transgressions, he was _____ for our iniquities:”
4. Daniel 3:12-28 – Name the three Hebrews who would not bow to the golden image and were willing to die for their faith. _____

5. Daniel 6:7-24 – Did those who had Daniel put into the lion’s den for praying to his God end up in the lion’s den themselves? _____
6. Matthew 5:10-12 – Why should those “persecuted for righteousness' sake” be “exceeding glad”? _____
7. Matthew 5:44b – How did Jesus instruct believers to deal with persecutors? _____
8. Matthew 16:21 – Where did Jesus go and “suffer many things ... and be killed”? _____
9. Luke 22:44a – “And being in an _____ he prayed more _____:”
10. John 16:33 – What has Jesus overcome that believers might have peace in tribulation? _____
11. Acts 5:41 – Why did the apostles rejoice after being beaten? _____
12. Acts 9:16 – “For I will _____ him how _____ things he must suffer for _____ name's sake.”
13. I Corinthians 10:13b – What does God promise to provide when we face temptation? _____
14. II Corinthians 1:3-4 – What may we be able to do when God comforts us? _____
15. II Corinthians 1:5 – “For as the sufferings of Christ _____ in us, so our _____ also aboundeth by _____.”
16. II Corinthians 12:9 – What was sufficient in Paul’s infirmities? _____
17. Philippians 1:29 – “For unto you it is given in the _____ of Christ, not only to _____ on him, but also to suffer for his _____;”
18. Philippians 3:8b – Why was Paul willing to suffer “the loss of all things”? _____
19. Philippians 3:10 – Was Paul willing to be “made conformable” to the death of Christ? _____
20. II Timothy 3:12 – How many “that will live godly in Christ Jesus shall suffer persecution”? _____
21. Hebrews 4:14-15 – Is Jesus “touched with the feeling of our infirmities”? _____
22. Hebrews 5:8 – What did the Son learn “by the things which he suffered”? _____
23. Hebrews 11:24-25 – Who chose “to suffer affliction with the people of God”? _____
24. James 5:10 – Who is an example “of suffering affliction, and of patience”? _____
25. I Peter 1:7 – What is “much more precious than of gold that perisheth”? _____

Memory Verse: Romans 8:28 ~ “And we know that all things work together for good to them that love God, to them who are the called according to his purpose.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 4: PRINCIPLES PERTAINING TO THE WILL OF GOD

1. Psalm 19:14 – What did David desire to be acceptable in the sight of the Lord? _____

2. Proverbs 3:27 – “Withhold not _____ from them to whom it is due, when it is in the _____ of thine hand to do it.”
3. Matthew 5:44a – “But I say unto you, Love your _____, bless them that _____ you,”
4. Matthew 5:44b – “... do good to them that _____ you, and pray for them which despitefully _____ you, and _____ you;”
5. Matthew 6:9-10 – Whose will should we pray to be done? _____
6. Mark 3:35 – “For whosoever shall do the will of God, the _____ is my brother, and my sister, and _____.”
7. Mark 16:15 – What did Jesus command the disciples to do? _____

8. Luke 10:27 – How should we love God? _____

9. Luke 10:30-34 – Who had compassion on and cared for a wounded victim of thieves? _____
10. John 4:34 – “Jesus saith unto them, My meat is to do the will of him that _____ me, and to _____ his work.”
11. John 6:38 – Did Jesus come down from heaven to do His own will? _____
12. Romans 12:1 – What should be presented a living sacrifice to God as a “reasonable service”? _____
13. Romans 12:2b – What did Paul instruct believers to “prove” as the mind is renewed? _____
14. Ephesians 6:5-6 – From where should the will of God be done as obedient servants of Christ? _____
15. Ephesians 6:6-8 – Does Paul instruct believers to give “eyeservice, as menpleasers”? _____
16. Philippians 2:13 – What is God able to work in a believer? _____
17. Philippians 2:14 – “Do _____ things without murmurings and _____:”
18. Colossians 3:10-14 – What does Paul describe as “the bond of perfectness”? _____
19. Colossians 4:12 – Who prayed that the Colossians would “stand perfect and complete in all the will of God”? _____
20. I Thessalonians 4:3-4 – What should be possessed “in sanctification and honour”? _____
21. I Thessalonians 5:16-18 – What should be done in every thing? _____
22. I Peter 2:15 – “For so is the will of _____, that with _____ doing ye may put to silence the ignorance of foolish men:”
23. II Peter 3:9 – Is it the will of God for anyone to perish? _____
24. I John 2:17 – “And the world passeth away, and the _____ thereof: but he that doeth the will of God _____ for ever.”
25. I John 3:22-23 – What are believers to keep as we “do those things that are pleasing in his sight”? _____

Memory Verse: Philippians 2:13 ~ “For it is God which worketh in you both to will and to do of his good pleasure.”

Student _____ Score _____
Discipler/Instructor _____ Date _____

LESSON 5: PROMISES IN PRAYER

1. II Chronicles 7:14 – What did God promise for His people if they would humble themselves, pray, seek His face, and turn from their wicked ways? _____

2. Job 22:27 – “Thou shalt _____ thy prayer unto him, and he shall _____ thee, and thou shalt pay thy vows.”
3. Psalm 50:14-15 – Is being thankful important in seeing prayers answered? (Hebrews 13:15) _____
4. Psalm 55:17 – When did David say he would “cry aloud” to the Lord? _____
5. Psalm 66:18-20 – Did God promise to hear the prayer of a person who regards iniquity in his heart? _____
6. Psalm 91:14-16 – Will many promises be fulfilled when our love is set upon God? (I John 4:7-19) _____
7. Proverbs 15:29 – Whose prayer does the Lord hear (Philippians 1:11)? _____
8. Isaiah 41:17-18 – Who will the Lord hear when they “seek water, and there is none”? _____
9. Jeremiah 33:3 – “Call unto me, and I will _____ thee, and shew thee great and mighty things, which thou knowest not.”
10. Matthew 6:6 – When does the Father reward openly? _____
11. Matthew 6:8 – What does the Father know before He is asked? _____
12. Matthew 7:7 – “_____, and it shall be given you; _____, and ye shall find; knock, and it shall be opened unto you:”
13. Matthew 7:8 – “For every one that _____ receiveth; and he that _____ findeth; and to him that _____ it shall be opened.”
14. Matthew 7:11-12 – What is the Father able to do for them that ask Him? _____
15. John 14:13-14 – Did Jesus say believers should ask in His name when praying? _____
16. John 15:7 – Name two important principles of prayer. _____
17. John 16:24 – “Hitherto have ye asked nothing in my _____: ask, and ye shall receive, that your _____ may be full.”
18. Ephesians 3:17-20 – Can God “do exceeding abundantly above all that we ask or think”? _____
19. Hebrews 4:16 – What may be obtained when coming “boldly unto the throne of grace”? _____
20. James 1:5 – What should be done when lacking wisdom? _____
21. James 1:6-7 – Is it important not to waver in faith when praying? _____
22. James 5:16b – “The effectual _____ prayer of a righteous man _____ much.”
23. James 5:17-18 – Whose prayers were both earnest and answered? _____
24. I John 1:9 – How can sins be cleansed? _____
25. I John 5:14b – “... if we ask _____ thing according to his _____, he _____ us:”

Memory Verse: I John 5:14 ~ “And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us:”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 6: PROMISES OF GOD IN PSALM 37

1. Psalm 37:1-2 – What promise is made to evildoers? _____
2. Psalm 37:3 – Name two promises that are given for those who trust in the Lord and do good. _____

3. Psalm 37:4 – Name a promise for one who delights in the Lord. _____
4. Psalm 37:5 – What did David instruct believers to commit to the Lord? _____
5. Psalm 37:6 – “And he shall bring forth thy righteousness as the _____, and thy judgment as the _____.”
6. Psalm 37:9 – What promise is given to “those that wait upon the LORD”? _____
7. Psalm 37:11 – What is the promise to the meek? _____
8. Psalm 37:12-17 – Why will the Lord laugh at the wicked? _____
9. Psalm 37:18 – What is the promise to the upright? _____
10. Psalm 37:19 – “They shall not be ashamed in the evil _____; and in the days of famine they shall be _____.”
11. Psalm 37:21 – Who shows mercy and gives? (II Corinthians 8:9) _____
12. Psalm 37:22 – “For such as be blessed of him shall inherit the _____; and they that be cursed of him shall be cut _____.”
13. Psalm 37:23-24 – What are “ordered by the LORD”? _____
14. Psalm 37:25-26 – What did David say that he had not seen? _____

15. Psalm 37:27:28 – Who are “preserved for ever”? _____
16. Psalm 37:28b – Who will be “cut off”? _____
17. Psalm 37:29-31 – Whose steps shall not slide? _____
18. Psalm 37:32-33 – Will the Lord condemn the righteous when he is judged? _____
19. Psalm 37:34a – “_____ on the LORD, and keep his _____, and he shall exalt thee to inherit the land:”
20. Psalm 37:37a – Who did David say to mark? _____
21. Psalm 37:37b – “... for the _____ of that man is _____.”
22. Psalm 37:38 – Who “shall be destroyed together”? _____
23. Psalm 37:39-40 – Name three promises concerning the righteous. _____

24. _____
25. _____

Memory Verse: Psalm 37:4 ~ “Delight thyself also in the LORD; and he shall give thee the desires of thine heart.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 7: SEEKING TO PLEASE IN CHRIST

1. I Chronicles 17:23-27 – What did David desire concerning his house? _____
2. II Chronicles 10:6-15 – Did king Rehoboam take the counsel of the old men to be kind and please his people? _____
3. Nehemiah 2:4-8 – Was the king pleased to grant Nehemiah’s request? _____
4. Esther 7:1-10 – What queen pleased the king, causing him to grant her request regarding wicked Haman? _____
5. Psalm 40:13 – “Be pleased, O LORD, to _____ me: O LORD, make haste to _____ me.”
6. Isaiah 42:21a – “The LORD is well pleased for his _____ sake;”
7. Isaiah 53:10a – “Yet it pleased the LORD to _____ him; he hath put him to _____: when thou shalt make his soul an offering for _____,”
8. Daniel 6:1-2 – What king was pleased to place Daniel as first president? _____
9. Matthew 3:13-17 – What did Jesus do right before the Father’s voice said that He was pleased with His beloved Son? _____
10. Matthew 17:1-5 – What three disciples heard these words at the transfiguration? _____
11. Acts 6:1-5 – Who was pleased at the choosing of seven spirit-led men? _____
12. Acts 6:5-8 – Which of these men is described as being “full of faith and of the Holy Ghost”? _____
13. Acts 15:22 – Who were the apostles and elders pleased to send to Antioch with Paul and Barnabas? _____
14. Acts 15:32 – What did these two men do with “the brethren with many words”? _____
15. Romans 15:3 – What fell on Christ, showing that He came not to please Himself? _____
16. Romans 15:26 – Who was pleased to give to the poor saints of Jerusalem? _____
17. I Corinthians 1:21b – “... it pleased God by the _____ of preaching to _____ them that believe.”
18. Galatians 1:10a – Did Paul seek to please men? _____
19. Galatians 1:10b – What would Paul not be if he sought to please men? _____
20. Galatians 1:15-16 – What did Paul do “among the heathen” that pleased God? _____
21. Colossians 1:10 – How should a Christian strive to walk? _____

22. Colossians 1:19 – “For it _____ the Father that in him should all _____ dwell;”
23. Hebrews 11:5 – Who was translated and “had this testimony, that he had pleased God”? _____
24. Hebrews 11:6 – To whom is God “a rewarder”? _____
25. Hebrews 13:15-16 – With what sacrifices is God “well pleased”? _____

Memory Verse: Romans 15:2 ~ “Let every one of us please his neighbour for his good to edification.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

LESSON 8: CONTENDING FOR THE FAITH

1. Matthew 28:18-20 – How much power does Jesus have as He is present with His great commission witnesses? (Acts 1:8) _____
2. Luke 4:18 – What did Jesus say He would preach to the poor? _____
3. John 3:16-17 – Why did God send His only begotten Son into the world? _____
4. Acts 5:42 – How often did the early church “teach and preach Jesus Christ”? _____
5. Romans 1:16 – Why wasn’t Paul ashamed of the gospel? (I Corinthians 1:17-18) _____
6. I Corinthians 3:6-11 – Who gives the increase after the seed of the gospel is planted and watered? _____
7. II Corinthians 2:12 – Where did God open a door for Paul to preach the gospel of Christ? _____
8. Galatians 3:26 – How does one become a child of God? (Romans 10:8-15) _____
9. Ephesians 2:8-9 – “For by grace are ye saved through _____; and that not of yourselves: it is the gift of God: _____ of _____, lest any man should boast.”
10. Philippians 1:18 – In what did Paul rejoice? _____
11. Colossians 1:4-5 – What did Paul and Timothy hear about these believers? _____
12. I Thessalonians 1:4-9 – Where did the Thessalonian church sound out the word of the Lord? _____
13. II Thessalonians 2:14 – “Whereunto he _____ you by our gospel, to the _____ of the _____ of our Lord Jesus Christ.”
14. I Timothy 2:3-4 – How many would God our Savior have to be saved? _____
15. II Timothy 4:5 – What work did Paul instruct Timothy to do? _____
16. Titus 1:1-3 – What did Paul write was manifested through preaching? _____
17. Philemon 1:6 – What did Paul desire to “become effectual” in Philemon’s ministry? _____
18. Hebrews 4:2 – What must be mixed with the word of God for it to profit those that hear it? _____
19. James 5:20 – “Let him know, that he which _____ the sinner from the error of his way shall _____ a soul from death, and shall hide a multitude of _____.”
20. I Peter 1:25 – What is described as enduring forever “which by the gospel is preached unto you”? _____
21. II Peter 3:9 – Who is “not willing that any should perish, but that all should come to repentance”? _____
22. I John 1:1-2 – Did John bear witness of eternal life which “was manifested unto us”? (I John 5:11-13) _____
23. II John 1:2-4 – Why did John rejoice greatly? _____
24. III John 1:5 – “Beloved, thou doest _____ whatsoever thou doest to the brethren, and to _____;”
25. Jude 1:3b – What did Jude exhort Christians to do? _____

Memory Verse: Revelation 12:11 ~ “And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.”

Student _____

Score _____

Discipler/Instructor _____

Date _____

Certificate of Achievement

awarded to

*for demonstrating faithfulness and
dedication in completing the
H.E.A.R.T. Ministry Bible Study Course entitled*

Practical Christianity I

Date

Discipler / Instructor

*Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly
dividing the word of truth ~ II Timothy 2:15*